

Jen Eisler Publicity

For Immediate Release
May 26, 2016

**BEV ZIZZY RELEASES NEW ALBUM *Standing on a platform of KINDNESS*
RELEASE CONCERT JUNE 25 @ THE ARTESIAN. DOORS 7:30 /SHOW 8PM. TICKETS \$20**



Acoustic soul singer-songwriter, **Bev Zizzy**, is set to release her fourth album, ***Standing on a platform of KINDNESS*** on June 17, 2016. **An album release show will be held Saturday, June 25 @ The Artesian. Doors 7:30PM/ show 8PM. Tickets \$20.** The record sees Bev channeling her extensive experience in world travel and bringing it all home, into her songwriting and life, to write of social connection, compassion, and kindness, inspired by the Dalai Lama's words to "Be kind whenever possible. Kindness is always possible."

Bev is a life long teacher, learner and adventurer, studying language and cultural diversity first while traveling around western Europe, North America, Australia and New Zealand. But she is also a lifelong yogi, whose interest in Eastern culture drew her later to travel extensively in Vietnam, Thailand, Cambodia, Laos, Myanmar, Sri Lanka, Nepal and India. Since 2013 she has gravitated more and more to Indonesia, where she pauses to formally study yoga and the Indonesian language.

While abroad, Bev has also had the opportunity to perform music through spontaneous connections with people everywhere she travels. Sometimes it is simply a song or two shared on a street bench, but oftentimes she joins local musicians, or stages her own performances in local venues. In performing abroad she has noticed the connection between cultures, the open-hearted appreciation and expression of live music, and the repeated affirmation that music is a universal language, all of which has strongly affected her outlook on life and impacted her experience as a songwriter.

Bev explains, "Living in other cultures has profoundly shaped my values, my appreciation of diversity, my understanding of myself and the world. The impact upon my songwriting is also significant, as I often come back to universal themes of acceptance and valuing other perspectives, sharing, giving back, and making connections, as our similarities - both home and abroad - are greater than our differences."

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Standing on a platform of KINDNESS is a reflection on her experience of connection with others as a global adventurer as well as with herself on her own life journey. Her song “Ride into the Wind” she explains, was written during the daily hour long motorbike commute through rice paddies set against distant volcanoes, from her residence in Ubud, Bali, to study at her yoga shala in a neighbouring village. She says, “Every day I would notice how many smiles I would be offered freely from villagers along the route in passing, until it evolved into a mission to initiate those smiles in addition to simply responding. The song is a road trip metaphor of my life.” While other songs like “Stay Soft”, “Taming My Demons”, and “Let Go”, a loving kindness meditation, reflect on overcoming loss, letting go of anger, and directing compassion toward oneself.

Bev is happy to be home from her recent travels and is ready to share her stories, songs, and new album with audiences at The Artesian in Regina, SK. She will be joined by the stellar cast of original musicians from the album including master pianist Jonathon Dyck, Anthony Bzdell (guitar, banjo), Les Schaeffer (kit drum), Christopher Notenboom (guitar), Christie-Anne Blondeau (back-up vocals), and Regina Symphony Orchestra’s Carmelle Pretzlau (violin), Amelia Borton (cello), and Marie-Veronique Bourque (flute), as well as Erik Mehlsen (bass, harmonica) and Nadeem Naz (congas, box percussion, tom-toms) joining the band for this event.

For more on Bev Zizzy, visit: <http://www.bevzizzy.com>

Bev Zizzy album release concert – Saturday, June 25 @ The Artesian (2627 13th Ave, Regina, SK). Doors 7:30PM / Show 8PM. Tickets \$20 advance/door. Opening sets by Man With 100 Cells, followed by Del Suelo.

Advance ticket link: <https://www.picatic.com/event14635256670633885>

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Dropbox EPK Media Link: <https://goo.gl/khgOrR>

For music, photos, and interview requests please contact: Jen Eisler / jen@jeneisler.com / 416-526-0969